



# SUMMER RINGETTE CAMP

**5-days: Mon-Fri August 25-29, 2025**

**@Niverville CRRC**

\*For both skaters and goalies going into U10-U19 next season.

**Camp includes:**

- 10 hours of instruction, 2 hours per day
- Goalie Specific instruction for goalies
  - 1 hour on-ice
  - 1 hour gym/dry-land
- Daily snack & drink

\*Groups will be scheduled for about 2.5hr blocks of time within the camp operating hours of 8:45am-2:00pm.

**Cost:**

Rage players: \$200

Regular price: \$235

\*Rage players = either played for Rage last season or will next season; contact us for a pricing adjustment or a discount code.

**Questions: → [redriverrageringette@gmail.com](mailto:redriverrageringette@gmail.com)**

\*Ringette Skills

\*Strength & Conditioning

\*Power Skating

\*Goalie Training

**COMPETITIVE EDGE**  
**POWER**



**[www.competitiveedgepower.ca](http://www.competitiveedgepower.ca)**

# Our Team & Philosophy

## What sets us apart?

**Top Notch Coaching with a decade of coaching experience and 20+ years of playing experience**

**The Competitive Edge Power Method:** It's nothing fancy, just a keen coaches eye, a positive and engaging environment, and proven strategies through research and experience to most effectively teach and cue athletes to improve their skills

**Our Philosophy:** We believe in intentful coaching, we have a purpose for everything we do and love teaching our athletes the “why” behind our coaching to ensure they know where they can apply the skills they learn!

## Who will you see at this camp?

- **Brooke Enns** (CEP Founder & AA/PS Coach)
- **Josée Roy** (former NRL/CWG player & AA/PS Coach)
- **Keely Solloway** (CanPowerSkate Certified & A/PS Coach)
- **Paige McKinlay** (former AA player and PS Coach)
- **Kaylee Davies** (Team Canada/NRL/CWG Goalie & AA Goalie Coach)
- **Amanda Vann** (CWG/AA Goalie & AA Goalie Coach)
- **& MORE!** Our team consists of Team Canada/CWG/AA elite players who are more importantly elite coaches!